

"When you follow your heart there is only one place you can end up and that is exactly where you want to be."

- Mike Nordby

MIKE NORDBY

GLOBAL YOUTH MENTOR

Working with *Today's Youth* and *Young Adults* Mike will:

- Plant the seeds for a healthy lifestyle
- Promote lifestyle changes
- Build confidence and curiosity
- Make a difference where it matters most!

Dare to dream, to believe and reach out to your full potential!

- The only true mistake is making one today that you made already the day before.
- Picking up pennies *will* make you rich!
- True strength comes in defeating fear and overcoming weakness.
- And always remember—While the final stone is most impressive, the first is most important!

Let me tell you a little bit about Mike:

Mike Believes that nobody can set their boundaries without first discovering their limits and over the years Mike has been looking long and hard for his, "*I am beginning to think they do not exist!*" Mike employs a true entrepreneurial spirit with a twist ... *His Dreams!*

When you follow your heart there is only one place you can end up, and that is where you want to be!

Mike displays a level of confidence and courage that is second to none Traveling all of Canada, and soon to be overseas Mike is also an adventurer who has put his thoughts, his dreams and his ambitions to the test at depths that most of us have never known. Newfoundland became home to Mike following a Cross Canada cycling tour and he was not long setting up roots! Putting together a business: Healthy Canada and, a Non Profit Organization Global Youth Mentor he continues to travel but is always eager to return home to Newfoundland! *Inspiring, young and ambitious... No need to look any further.*



PROFESSIONAL SPEAKER
Interactive, Outgoing and inspiring

GLOBAL YOUTH MENTOR
NPO--Founder

ENTREPRENEUR
President and Founder of Healthy Canada

PERSONAL FITNESS COACH
Certified personal fitness coach and Consultant

Upcoming Projects

- *G.Y.M Wig Documentary*
- *Todays Tour : Yesterdays Bikes*
- *Football in Cambodia*

SOME CLIENTS

- Big Brothers Big Sisters of Sudbury
- Big Brothers Big Sisters of Trenton
- New Sudbury Shopping Centre
- Town of Collingwood, Town Hall
- Simcoe Schools—Niagara Falls
- Sagamok First Nations
- Academy Canada
- MUN—Nursing School
- Canadian Blood Services

WORDS FROM A CLIENT

When Mike first walked into our school he took us from the edge of our seat, to the tips of our toes! An interactive presentation that left had us laughing, brought tears to our eyes and eager to seek change! A truly aspiring young man!
Nicole Lebel, Simcoe School Teacher.

FEES \$700-\$1000 CAN

When you follow your heart there is only one place you can end up!

www.mikenordby.ca